Subject

PE

10 & 11

Year

Unit	Summary	Skills	Assessment	British Values and SMSC	Career links	Cross-curricular links
Pathway 1 Rugby, basketball, football, volleyball, fitness, athletics and cricket	Students will have an opportunity to select a pathway of sports which they wish to pursue throughout the year. The pathways will motivate students to participate and excel in sports which they enjoy, with strong links made to enrichment activities.	Development of tactical and leadership skills in competitive practices. Recognising ways in which their components of fitness can have an impact on not just their health and well-being but their physical performance as well. Reference will also be made to the advanced skills on the GCSE skills matrix to challenge aspirational learners.	Students are given an opportunity to compete in leadership leagues. They are given an opportunity in small groups to become leaders creating their own warm and competitive practices. Feedback is given to groups based on how effective each warm up/drill is and how it links to the criteria. GCSE core skill/advanced skill matrix's are also discussed with learners developing their understanding of how they can improve their practical / tactical awareness.	Sportsmanship, respect of officials and rules. Tolerance of each other's skill level, coaching and decision making. Recognise how etiquette is applied in team sports and link to the norms of society.	Links made to different sporting professions. (Officials, coaches, professional athletes, gym instructors). GCSE links made, future College opportunities students made aware of local sports college courses.	Numeracy links via scoring. Students develop organisation and leadership skills. Links made with diet and nutrition and well as science with continued development of training methods to develop short/long term impacts of exercise on the body.
Pathway 2 Trampolining, climbing, fitness, badminton, dance, gymnastics, table tennis, rounders and athletics	Students will have an opportunity to select a pathway of sports which they wish to pursue throughout the year. The pathways will motivate students to participate and excel in sports which they enjoy, with strong links made to enrichment activities.	In sports new to the learners they will develop their physical skills and tactical awareness, with some learners developing their leadership and coaching skills. In more familiar sports learners will develop their tactical and leadership skills in competitive practices. Recognising ways in which their components of fitness can have an impact on not just their health and wellbeing but their physical performance as well. Reference will also be made to the advanced	Students are challenged to create a sequence/route or selection of shots feedback is given to the individual based on this to develop their awareness on how they can develop. GCSE core skill/advanced skill matrix's are also discussed with learners developing their understanding of how they can improve their practical / tactical awareness.	Sportsmanship, respect of officials and rules. Tolerance of each other's skill level, coaching and decision making. Recognise how etiquette is applied in individual sports and link to the norms of society.	Links made to different sporting professions. (Officials, coaches, professional athletes, gym instructors). GCSE links made, future College opportunities students made aware of local sports college courses.	Numeracy links via scoring. Students develop organisation and leadership skills. Links made with diet and nutrition and well as science with continued development of training methods to develop short/long term impacts of exercise on the body.

		skills on the GCSE skills matrix to challenge aspirational learners.				
Pathway 3 Climbing, football, volleyball, fitness, rounders, trampolining and athletics.	Students will have an opportunity to select a pathway of sports which they wish to pursue throughout the year. The pathways will motivate students to participate and excel in sports which they enjoy, with strong links made to enrichment activities.	In sports new to the learners they will develop their physical skills and tactical awareness, with some learners developing their leadership and coaching skills. In more familiar sports learners will develop their tactical and leadership skills in competitive practices. Recognising ways in which their components of fitness can have an impact on not just their health and wellbeing but their physical performance as well. Reference will also be made to the advanced skills on the GCSE skills matrix to challenge aspirational learners.	Students are given an opportunity to compete in leadership leagues. They are given an opportunity in small groups to become leaders creating their own warm and competitive practices. Feedback is given to groups based on how effective each warm up/drill is and how it links to the criteria. In individual sports students are challenged to create a sequence/route or selection of shots feedback is given to the individual based on this to develop their awareness on how they can develop. GCSE core skill/advanced skill matrix's are also discussed with learners developing their understanding of how they can improve their practical / tactical awareness.	Sportsmanship, respect of officials and rules. Tolerance of each other's skill level, coaching and decision making. Recognise how etiquette is applied in team sports and link to the norms of society.	Links made to different sporting professions. (Officials, coaches, professional athletes, gym instructors). GCSE links made, future College opportunities students made aware of local sports college courses.	Numeracy links via scoring. Students develop organisation and leadership skills. Links made with diet and nutrition and well as science with continued development of training methods to develop short/long term impacts of exercise on the body.